



# GET EXPLORING

## Optional Signature Tours

WESTERN REGION LEADERSHIP CONFERENCE

The following areas are free for sightseeing and exploring. Note that some elements of each venue may include a fee or charge. Each chapter is responsible for making their own plans and arrangements. Be sure to carefully check hours of operations and fees for any optional activities you would like to visit. Each chapter is responsible for their own supervision and lifeguarding at venues near water. Students should not be allowed to go swimming.

**La Jolla Shores.** Play football with your friends or walk along the La Jolla Shores and keep your eye out for vivid sea life such as kelp fields, dolphins, many species of birds, or leopard sharks. La Jolla beach is home to one of the nation's most beautiful ecological reserves. After your time on the beach, wonder the shops and restaurants in this beautiful community. If you are lucky, you just might catch a glimpse of Mrs. Dr. Seuss driving her gray Cadillac with the license plate "GRINCH."

Visit: <http://www.sandiego.gov/lifeguards/beaches/shores.shtml>

**Balboa Park.** Explore one of the nation's largest urban cultural parks. Pass through rose gardens, beautiful walkways and spectacular landscapes. Home to 15 major museums, renowned performing arts venues, and beautiful gardens, the Park has an ever-changing calendar of museum exhibitions, plays, musicals, concerts, and classes—all in the beautiful and timeless setting of this must-see San Diego attraction.

Visit: <http://www.balboapark.org/>

**Mission Beach.** Take the boardwalk down this hip, lively beach. Stop in at a restaurant or get a corndog from a stand on the corner. Relax on the beach and watch surfers take on the waves or purchase souvenirs from shops lining the walkway. This Coney Island type beach is the closest thing to an east coast beach that San Diego has to offer.

Visit: <http://www.sandiego.gov/lifeguards/beaches/mb.shtml>

**Seaport Village.** Stroll along the Harbor and check out the cozy shops of Seaport Village. A 14 acre waterfront shopping, dining and entertainment complex recreating a harbor side setting of a century ago. Includes 54 one of a kind shops, 13 casual dining eateries, 4 fine dining waterfront restaurants. You will also find four miles of meandering cobblestone pathways bordered by ponds, lakes, fountains and colorful, lush landscaping and a quarter mile boardwalk along the San Diego Bay all within close proximity to downtown San Diego.

Visit: <http://www.seaportvillage.com/>

**Downtown San Diego.** Downtown San Diego is one of the newest dynamic metropolitan areas in the country, drawing visitors and residents alike with the tantalizing sights and sounds of a unique sophisticated city center. Cruise some of the eight distinct neighborhoods including: Columbia, the Core, Cortez Hill, East Village, Gaslamp Quarter, Horton Plaza, Little Italy, and Marina.

Visit: <http://www.sandiego.org>

